MAGIC BEANS
Feeding & Speech Therapy

Relationship Matters™

AUTISM MATTERS

by Kim Barthel (OTR)

Date : 1st – 3rd Nov 2023
(Wednesday to Friday)

Time : 8:30am to 4:30pm

Venue : Concorde Hotel, Singapore

Workshop is suitable for

Speech and Language Therapists, Occupational Therapists, Physiotherapists, Early Intervention Teachers, Special Needs Teachers, Behavioural Therapists, Therapy Assistants, Counsellors, Psychologists, Allied Educators, Mainstream Teachers, Preschool Teachers, Physicians

Course Content

This three-day workshop is led by Kim Barthel (OTR) and created in consultation with individuals on the spectrum and support from the Relationship Matters Team. The content integrates cutting-edge research into the neurobiology of autism with intervention strategies that support people who live and work with individuals on the autism spectrum disorder (ASD) across the lifespan.

Topics will include research in neurobiology, the gut/brain connection, the immune system, sensory processing, motor control challenges and complex behaviour related to ASD. Participants will develop an introductory understanding of clinical reasoning to select interventions that holistically support individual challenges experienced. Treatment strategies that integrate the research will highlight attachment and relational interventions, sensory processing and motor control.

Whether you are an educator, therapist, psychologist, physician, caregiver or keen parent, you will develop a deeper understanding of the brain-body science of ASD and develop evidence-informed and holistic support strategies across a wide range of environments and contexts. Conversations with individuals with neurodiversity will be included in this conference to deepen the application of this material to the Singaporean context.

Course Objectives

Participants will be able to:

1. Appreciate the underlying neurobiological influences experienced by those with neurodiversity that may contribute to the way they experience the world.
2. Summarize epigenetic interactions between genes and the environment as they impact the well-being of the individual with neurodiversity.
3. Describe the relationship between the gut and the brain as it influences the functions of regulation, immunity, behaviour and mental health.
4. Appreciate the role of the immune system in brain/ behaviour function.
5. Discuss the importance of attachment and attunement as components of behavioural regulation from a scientific perspective.
6. Define relational interventions and the integration of these approaches into the holistic support of individuals with neurodiversity.
7. Understand the sensory processing challenges experienced by the neurodiverse nervous system and how it impacts the capacity to feel safe, interact, learn and engage in daily living.
8. Develop a repertoire of sensory strategies in a wide variety of contexts and environments.
9. Understand the posture and movement challenges experienced by those with neurodiversity from early identification to adulthood.
10. Develop a repertoire of movement intervention strategies to consider.

Course Outline

DAY ONE

This day offers an in-depth understanding of current potential biological underpinnings of ASD and how this unique wiring contributes to the everyday experiences and actions of those on the spectrum.

AM:

- Neurobiological contributions to Autism Spectrum Disorder
- Epigenetic contributions to Autism Spectrum Disorder

PM:

- Gut/Brain contributions to Autism Spectrum Disorder
- Autoimmune challenges of Autism Spectrum Disorder

DAY TWO

This day offers an understanding of the concepts of attachment theory as it pertains to ASD, highlighting the art of attunement. The theory of relational intervention, accentuating concepts of practical application with a treatment observation video.

AM:

- Attachment and attunement in Autism Spectrum Disorder

PM:

- Relational interventions theory and practice

DAY THREE

This day explores sensory processing and movement challenges that individuals on the spectrum can experience. Treatment concepts with practical examples will be emphasized through treatment observation video.

AM:

- Sensory processing experiences in Autism Spectrum Disorder
- Sensory interventions for regulation, learning and daily living function

PM:

- Movement challenges in Autism Spectrum Disorder
- Movement interventions for postural control, learning and daily living function
- Putting the pieces together

Speaker
Kim Barthel
(OTR)

Kim Barthel is an occupational therapist, multi-disciplinary teacher, mentor and best-selling author who is active in supporting people in many contexts globally. She is passionate about understanding neurobiology, movement, complex behaviour, sensory processing, trauma-sensitive practice, attachment, and mental health. An advanced Neuro-Developmental Treatment (NDT) instructor and international speaker on a range of topics, Kim has 38+ years of practice in helping people to be their best selves. Kim has contributed to a number of textbooks related to Pediatric Occupational Therapy and NDT, and in 2019, Kim was honoured to receive the Award of Merit from the Canadian Association of Occupational Therapy. Kim's overall mission is to support the conscious evolution of the human spirit.
www.kimbarthel.ca

Course Fee**

VCF FUNDING BEING APPLIED*

PRICING	SGD/pax
Group of 2 or more (Early bird before 24th February 2023)	1150
Individual (Early bird before 24th February 2023)	1230
Group of 2 or more (Regular fee from 24th February 2023 onwards, dates inclusive)	1310
Individual (Regular fee from 24th February 2023 onwards, dates inclusive)	1390

* VCF grant application is in progress and will be confirmed by the end of January 2023. For those who require VCF funding, do register to be informed about the VCF funding results.
** Additional charges may apply for certain modes of payment. Refer to registration form for details.

We will confirm the running of the workshop by 1st April 2023.

Registration

Please register at https://tinyurl.com/AMregform. Email us at info@magicbeans.sg or WhatsApp us at +65 8777 3171 should you have any queries. Scan the QR code for more details.

Registration will only be confirmed after completion of the online registration form and when full payment has been received. Your place at the workshop will not be reserved otherwise. You will receive an email to confirm registration.

Contact Details

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