



Drukair Holidays
On the wings of the Dragon

Discover The Valley of Paro

4 Days 3 Nights in Paro

❖ 1 December - 28 February	USD	4,870.-	2 Pax
❖ 1 June - 31 August			
❖ 1 March - 17 March			
❖ 27 March - 31 May	USD	6,170.-	2 Pax
❖ 1 September - 10 September			
❖ 17 September - 30 November			
❖ 18 March - 26 March			
❖ 11 September - 16 September	USD	6,380.-	2 Pax

📞 02-720-6669

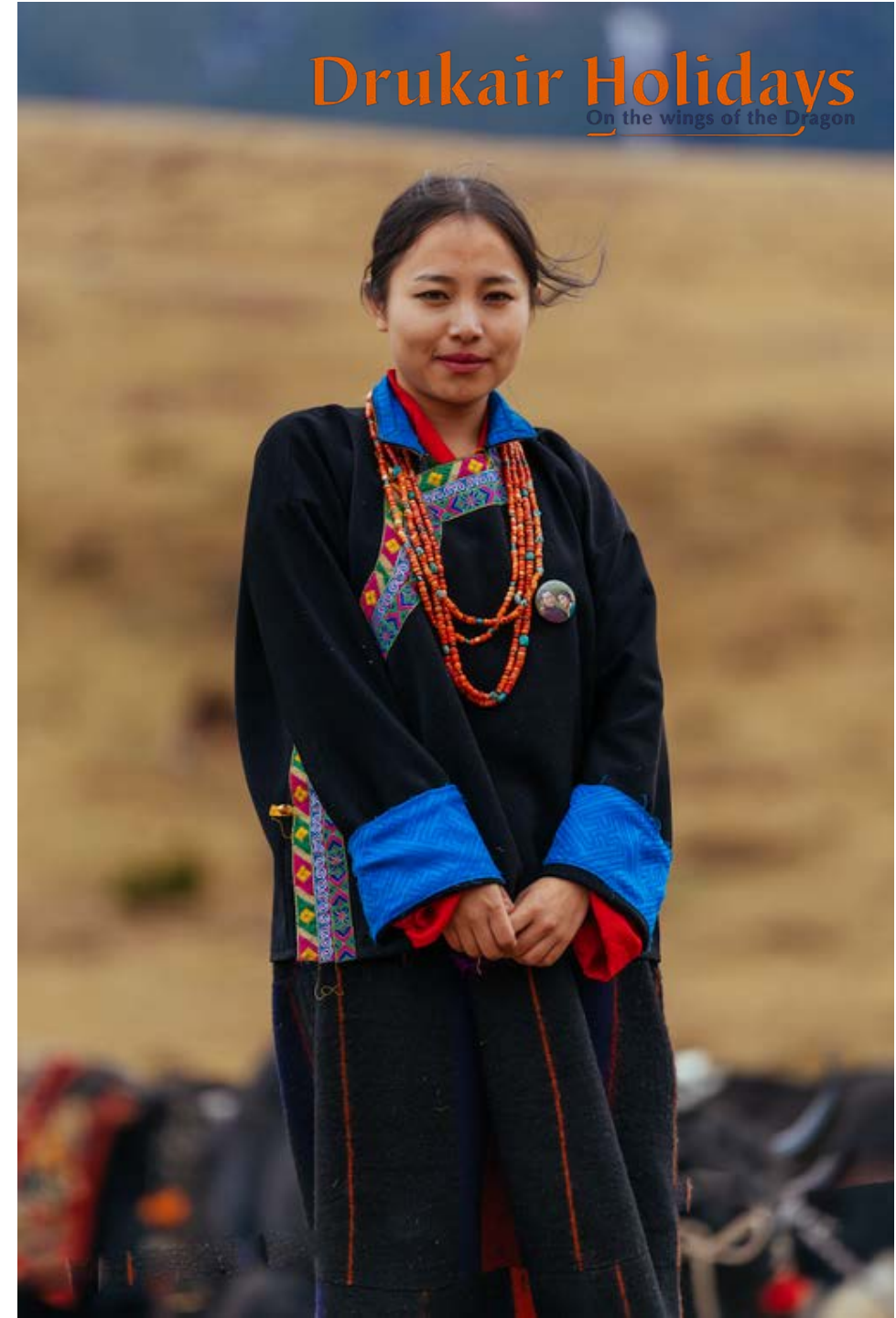
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🌐 www.drukairholidays.net



HIGHLIGHT

- Visit the Taktsang 'Tiger's Nest' Monastery, one of Bhutan's architectural highlights
- Visit the Rinpung Dzong, where the Monastic body and government office of Paro is housed
- Be privy to the rich collection at Ta Dzong, the national museum of Bhutan
- Pay respects at Kyichu Lhakhang, one of the oldest temples in Bhutan



CULTURAL NOTES

- Bhutan is the only country in the world whose constitution includes provisions for environmental protection. Bhutan is one of the only two countries in the world that is carbon negative because it absorbs more carbon dioxide than it produces. Also, Bhutan's regulations require that at least 60% of the country be covered by forests at all times.
- Bhutan's boundaries were not opened until 1974, when foreign media was permitted to cover the country's former king's coronation. Bhutan had previously isolated itself to keep its pure scenery and Buddhist culture safe from the effects of globalisation.
- In contrast to inheritance laws practically everywhere else, Bhutanese households transfer property to the eldest daughter rather than the son. This restriction on television and the internet was finally repealed in 1999. A man moves into his new wife's house after marriage, not the other way around.
- Gross National Happiness (GNH) was established by the fourth king of Bhutan as a development philosophy for Bhutan.
- Chilli is a necessary vegetable in Bhutan, not a condiment, therefore those who are sensitive to spicy food should beware. Our food is known for being extremely spicy by default, with natives reportedly refusing to eat a meal until it is sufficiently hot.
- Thimphu, the capital of Bhutan, does not have a single traffic light. Individuals navigate the narrow roadways cautiously and gently, and thus far it hasn't failed them. When local officials attempted to install a light, the public outcry was so strong that it was swiftly removed, and a traffic cop was dispatched to the intersection instead.
- Flying to Paro requires avoiding high peaks and strong winds under certain weather circumstances because the destination is located in a deep valley. The flight itself is an exclusive privilege.
- In Bhutan, the walls of certain homes are probably covered in several vibrant drawings of phallusceleries. These are not graffiti, but rather a custom that represents fertility and good fortune. Placed in place of scarecrows, phallus are thought to fend off evil spirits.





DAY-BY-DAY SCHEDULE This itinerary is customizable. Please speak to us about your needs and requirements and we will do our utmost to accommodate you.

❖ DAY 1 ARRIVAL, CHECK-IN AND LOCAL SIGHTSEEING

After being welcomed by Drukair Holidays representative, you will make the 10-minute journey to the hotel. Following your arrival and some time to get used to your new surroundings, you will go on your first adventure into the Himalayan kingdom, which will include a visit to a temple and some sightseeing in Paro Town. You have the opportunity to get to know your guide and acclimatise to the rarefied air at this altitude during your afternoon tour.

Accommodation: COMO Uma Paro

Meals: Breakfast / Lunch / Dinner

❖ **DAY 2 WALK TO ZURIG DZONG, RINPUNG DZONG, TA DZONG, PARO TOWN, KYICHU
LHAKHANG AND DRUKGYEL DZONG**

Morning

Travel through pine forests situated high above COMO Uma Paro, arriving at the picturesque grounds of the fortified monastery known as Zurig Dzong. Go to Ta Dzong, which houses Bhutan's National Museum and offers stunning views of Paro, and then descend to Rinpung Dzong, also known as the Fortress on a Heap of Jewels. The path then passes the main archery range, Ugyen Pelri Palace, and crosses the Paro Chhu river via the historic covered bridge Nyamai Zam before entering Paro town.

Afternoon

We travel a few kilometres north of Paro to Kyichu Lhakhang, one of the oldest temples in Bhutan, where we pay our respects and see its enchanted year-round orange tree. If we have time, we continue up the valley to the Drukgyel Dzong, which Zhabdrung Ngawang Namgyal erected in 1648 to guard the northern entry to Tibet. Before you head back to our hotel, your guide can make arrangements to take you to a local monastery for a butter lamp ceremony, which serves as a spiritual blessing and a welcoming to the kingdom. In lieu of the traditional yak butter, you will see monks lighting ghee-filled lamps during this symbolic Buddhist ceremony. The purpose of the ritual is to eradicate ignorance and celebrate fluidity.

Duration: 5 to 7 hours (subject to time spent in National Museum and Paro)

Difficulty: Easy to moderate

Accommodation: COMO Uma Paro

Meals: Breakfast / Lunch / Dinner



❖ DAY 3 PARO VALLEY-TAKTSANG WALK

Morning

Today's activities centre on the historic Paro Valley and culminate with a visit to the Taktsang 'Tiger's Nest' Monastery, one of the most significant architectural structures in Bhutan. Legend has it that Guru Rinpoche (Padmasambhava) brought Buddhism to Bhutan from Tibet by landing on the back of a flying tigress on this cliffside. The journey begins early to beat the heat on the two-hour ascent, which is a steep walk that passes a waterfall and ends among stunning murals at the monastery's main entrance. If time permits, it is possible to travel much higher to see isolated temples.

Afternoon

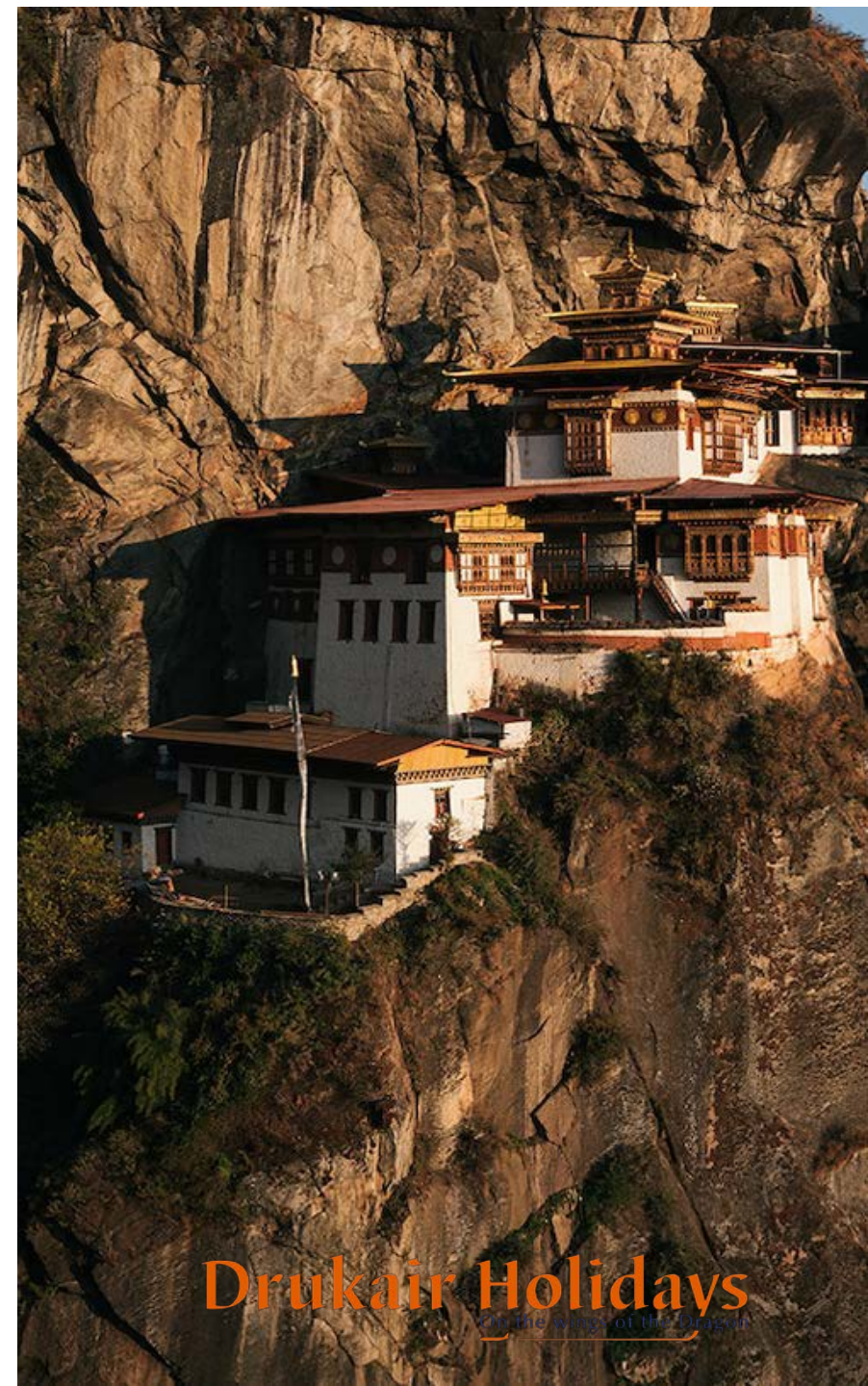
You head back to COMO Uma Paro for your final night of rest and relaxation. Here, you can take advantage of the steam rooms, gym, and swimming pool, or you can treat yourself to one of the COMO Shambhala treatments. You can also pack a picnic or eat at the quaint Taktsang café.

Duration: 6 to 8 hours

Difficulty: Moderate to hard

Accommodation: COMO Uma Paro

Meals: Breakfast / Lunch / Dinner



❖ Day 4 DEPART BHUTAN

Its time to bid farewell to the beautiful city of Paro. We will take you from Paro Airport to Suvarnabhumi Airport in Bangkok safely, with hearts full of cherished memories and romantic moments from this special journey. Bhutan will remain a place that eagerly awaits your return.

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ACCOMMODATION

At COMO Uma Bhutan, you will experience the breathtaking beauty of the Himalayas every day through scenic journeys and visits to fascinating cultural heritage sites. Each night, you will return to the safety and modern comforts of COMO Lodge, ensuring a restful and luxurious stay.

PLEASE NOTE

This itinerary serves as a general guideline. Road and weather conditions may affect the schedule, which could impact the views and scenery mentioned.

- All stated times are approximate and may vary depending on individual fitness levels and interests.
- If you have any dietary restrictions, please inform us in advance.
- For scheduled excursions, a picnic meal prepared by our chef will be provided. Please place your picnic meal order at least one day in advance through your guide.
- Throughout your stay, you may opt for additional outdoor activities, which may incur extra charges.



THE PACKAGE INCLUDES

- 3 nights accommodation at COMO Uma Paro with full-board dining, including picnic lunches on excursion days.
- Four days of guided excursions with an experienced English-speaking local guide.
- A private 60-minute yoga session daily (except Sundays).
- A 60-minute COMO Shambhala relaxing spa treatment per person.
- Bhutan visa fees and government taxes, including service charges and sales tax.
- Entrance fees to museums, visitor centers, and travel permits in Bhutan.
- Complimentary access to the library, internet, swimming pool, steam room, and gym.
- Complimentary Wi-Fi throughout the property.

THE PACKAGE EXCLUDES

- Round-trip airfare between Bangkok and Paro.
- 7% value-added tax (VAT).
- Beverages during meals.
- Gratuities for local guides, drivers, and service staff.

