

# Spinal Injury

## Initial assessment

- ABCs
- Assess: LOC, V/S, O<sub>2</sub>Sat, traumatic shock
- Immobilization: Cervical collar, Spinal board
- Assess Signs & Symptoms
- Incident history; Mechanism of injury

Notify Trauma physical/General physician

Conscious

- O<sub>2</sub> mask with reservoir bag 10-12 LPM
- Fluid management
- Keep warm
- Medication administration
- Prepare for: diagnostic imaging
- Maintain oxygenation and ventilation
- Monitor: V/S, LOC, O<sub>2</sub> sat, capillary refill time
- Inform caregiver, mental support
- Nursing record

Alteration of Conscious

- O<sub>2</sub> mask with reservoir bag 10-12 LPM
- Prepare for definitive airway with manual in line
- Fluid management, Trauma lab, DTX
- Keep warm
- Medication administration
- Prepare for diagnostic imaging: X-rays, CT scan, MRI
- Prepare for Adjuncts: EKG, Foley cath, Cut down if shock
- Maintain oxygenation and ventilation
- Monitor: V/S, LOC, O<sub>2</sub> sat, capillary refill time
- Inform caregiver, mental support
- Nursing record

Reassessment

Definitive Care to  
OR/ICU/Unit/transfer

