

# Extremity injury

## Initial assessment

- ABCs
- Assess: V/S, 6P, Traumatic shock
- Assess: signs of fracture. (pain, deformity, shortening, crepitus, swelling and discoloration)
- Immobilized of trauma limb
- Incident history; Mechanism of injury

Notify Trauma physical/General physician

No fracture

- Wound care
- RICE (Rest, Immobilize, Compress, Elevate)
- Inform caregiver, mental support
- Nursing Record

Fracture

- O<sub>2</sub> mask with reservoir bag 10-12 LPM
- Fluid management
- Keep warm
- Trauma lab
- If external bleeding, control bleeding, stabilization
- Assess: compartment syndrome (Pain, Paresthesia, Pallor, Paralysis, Pulseless, Polar)
- Prepare for: diagnostic imaging
- Prepare for: surgical treatment, consent form, medication administration
- Monitor: V/S, LOC, O<sub>2</sub> sat, Capillary refill time, compartment syndrome
- Inform caregiver, mental support

Reassessment

Definite Care  
to OR/ ICU/Unit, transfer

