



# Skills for examining the retina with Direct ophthalmoscope

Equipment			
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Procedure			
0	Introduce yourself and ask for permission from the patient for examination. Communicate with the patient periodically during the examination.		
1	Examine with gentleness and politeness, call the name Direct ophthalmoscope correctly.		
2	Prepare the equipment correctly Assemble the tool with the handle. Adjust the power according to the size of Pupil, adjust the eye power to zero. or according to the eye value of the patient and examiner turn off examination room lights		
3	Arrange a distance of approximately 2 feet and make the patient sit overlapped with the examiner's right eye aligned with the patient's right eye.		
4	Hold the device firmly Thumbs can turn the lights on and off. index finger adjust various correctly		
5	Look for the red reflex Look after the red reflex until you see the retina. keep the device in place		
6	Describe what was detected blurred disc margin normal retinal vessel or A/V ratio =2/3 normal macula.		
7	Papilledema disc swelling papillitis other optic neuropathy		

