

## check elbow

Equipment			
1		8	
2		9	
3		10	
4		11	
5		12	
6		13	
7		14	
Procedure			
0	2 cubits no bruise deformine muscle alrophy carrying angle 10-15 c normal		
1	olecranon process lateial epicondyle medial epicondyle anterior joint line		
	Flexion makes it possible to watch the patient follow Do left and right, then grab the patient's		
2	arm to lead the active passive.		
	Extension supination, upper arm close to body, hand extended 90 c pronation, hand facing		
3	down – facing up, active passive		
4	Tennis cozen test resist force, make the patient clench his wrist up.		
5	Goifer resist flex,pronate foreaim		
6	Cobital tunnlisd elbow flexion test the most elbow will numb within 1 min.		



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