



# Counseling for Chest Pain

## Equipment

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## Procedure

0	Introduce yourself and ask the patient's first and last name. and inform the purpose of asking the history
1	Start with open-ended questions Use appropriate open/close questions. Do not use medical terminology/English. Do not ask multiple questions at once. The sequence of events does not interfere. Notify the patient when changing the subject. periodically repeat or ask again when necessary
2	Proper display of body language (eye contact, interested attitude, nod)
3	What does chest pain look like? Where is the chest pain and where does it rupture? When did symptoms begin?
4	How long does the chest pain last? and what is the frequency Other symptoms are also present, such as sweating, palpitations, breathlessness, easy fatigue, and fainting
5	What factors trigger chest pain? What factors help the pain to alleviate?
6	Do you have any underlying disease? smoke or not
7	Differential diagnosis of 3 diseases Psychogenic chest pain Musculoskeletal pain or myalgia Anginal-like chest pain Diagnosis of Psychogenic chest pain

