



baby head birth

Equipment			
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Procedure			
0	Introduce yourself and inform the patient about the purpose of the procedure. Perform the procedure with gentleness. Follow the sterile technique in every step.		
1	prepare Preparation of birth control equipment and tools		
2	practical steps topical injection The mediolateral perineal cut along the line where an anesthetic is injected by one finger between the perineal and the baby's head to prevent injury to the baby.		
3	The birth of the baby head Mayan under the symphysis pubis, thus saving the perineum, the hand that saves the perineum. Swipe the perineal through the baby's face and chin and turn the baby's face up.		
4	Use a rubber ball to suck the mucus and amniotic fluid in the baby's mouth and nose. Use a cotton ball moistened with salt water to wipe the baby's eyes on both sides.		
5	shoulder delivery Hold the baby's head with both hands. The thumbs along the frontal bone, the index finger along the mandible bone, and the remaining three fingers along the baby's occiput.		
6	perform anterior shoulder By pulling the baby's head down until the front shoulder to the armpit area under the symphysis pubis is stoppe		
7	Then the back shoulder is delivered by raising the baby's head up towards the mother's belly to shoulder after birth and lowering the baby's head. Let both shoulders come out		

