



PE – ANC Examination

Equipment			
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Procedure			
0	Introduce yourself/ask the name of the pregnant politely and ask permission for the examination.		
1	start vital sign physical examination		
2	Examine the general appearance, pale yellow.		
3	primary teeth check		
4	Breast Exam		
5	Listen to the work of the lungs and heart.		
6	Examine the original cesarean section		
7	Checking the size of the uterus (Leopold's bandgrip)		
8	Check for swelling of both legs and arms.		
9	Summary of abnormalities found in listening pregnant women ask questions		

