



# History taking of Functional Constipation

## Equipment

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## Procedure

0	Introduce yourself and ask the patient's name. Start with open-ended/non-medical/don't ask multiple questions in a row. without waiting for an answer The sequence of events is not confusing. periodically repeat or ask again when necessary
1	Proper display of body language (eye contact, interested attitude, nod)
2	History taking, abdominal pain, pain location pain characteristics duration of pain each time
3	pain frequency Waking up at night because of pain Factors causing pain to increase and decrease Have you ever had stomach pains that come and go
4	Joint symptoms Vomiting/flatulence nature of defecation fecal characteristics Number of times/frequency of defecation
5	Bloody bowel movements/fettering and pain in the buttocks When did constipation start? Behavior that indicates that you hold your stool such as standing, twisting, or fecal incontinence
6	Other history History of eating spicy food/soft drinks previous treatment Eating a diet high in fiber, fruits and vegetables

