



Walking AIDS

Equipment			
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Procedure			
0	Check motor power flex-eriend arm		
1	Sit, bend down - raise the left leg right. clenched fist/ankle flexion		
2	Standing on the armrest, standing steady, short walk		
3	in patients standing When moving, the crutch usually uses an axllary crutch.		
4	Used in case with one leg broken, two arms very strong, rarely used in old people, it's not very stable		
5	Position your elbows slightly bent 25c, hands on the front of the hips-6, about 2 distances from the gieater trochan.		
6	Fold (armpit pad) away from the armpit 2 buttocks pressed against		
7	CANE is most commonly used in hemiplegia. by using it on the strong side		
8	The length of the cane is measured from the greater trochan to the point 6 inches from the foot.		
9	Walker is like a crutch, in case the patient can't use the crutch, for example, an old person, the arm is not strong, the stability is high, but it's not easy to choose. I took a grip and elbow bent 20c-25c		

