



# Post HIV counseling

## Equipment

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## Procedure

0	Ask: name, surname, date of birth / introduce yourself
1	Understanding positive/negative results Ask the patient, ask concerns, describe the disease, positive means have HIV infection but not AIDS
2	The disease is transmitted through secretions and blood. not contact with saliva can eat rice together Refrain from donating blood, having sex, always using condom, even if someone close to you is infected.
3	Not easily changing sexual partners. Not using condoms will cause frequent infections. Then the disease will progress faster.
4	Self care, exercise, eating healthy food. Quit drinking - smoking get enough rest If you have a fever, see a doctor immediately. report positive results in a polite tone
5	leave a time for the patient to accept Ask the patient if he is ready to continue the conversation.
6	Treatment only takes good care of your health. Always come to the doctor for appointments. The doctor will continue to issue appointments. Always have a blood test to check the virus level. If the virus is at risk of disease, the doctor can prescribe antiviral drugs.
7	Want to notify. If you have a girlfriend, tell yourself or have the doctor tell you or keep it secret. Would you like me to inform your family?
8	Make sure that the test result is positive. sympathize

ช่วยด้วย

