



# Deep Tendon Reflex in the lying position

## Equipment

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## Procedure

0	patient referral Ask permission and tell me what to check. Tell the patient to lie down comfortably without tense.
1	Biceps jerk position the patient to place the upper arm on the mattress forearm and the hand on the abdomen in a pronation position.
2	The examiner places the thumb or forefinger down the biceps tendon, knocking a stick on the finger.
3	Brachioradialis jerk Place the patient's upper arm on the forearm mattress and the hand on the abdomen in a pronation position.
4	Using a mallet, tap the lower end of the radius bone about 2 inches above the wrist.
5	Triceps jerk Place the patient's arm on the torso, tap the tricep tendon approximately 2 above the elbow.
6	Finger jerk Have the patient supinate the hand and allow the finger to bend comfortably. The examiner places his finger on the patient's finger. Use a stick to knock on the examiner's finger.
7	Knee jerk The examiner inserts his left arm and supports it under the patient's knee, which is in a slightly flexion position.
8	Using a stick, knock on the patellar tendon Ankle jerk. Position the patient to bend the hips and knees while performing external rotation.
9	The examiner uses his left hand to touch the soles of the patient's foot to slightly dorsiflex the ankle. Knocking on Achilles tendon with a stick
10	Using a wooden reflex Holding the knocker by using the wrist to swing the stick by using the weight of the knocker to determine the strength.

