



Advice influenza vaccine

Equipment

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Procedure

0	Influenza General symptoms Fever, chills, sore throat, headache/body
1	Contact via saliva/sputum
2	heals on its own in 2-3 days
3	The germs change every year. Vaccines are changed every year to cover germs.
4	Immunity is only worth the lineage.
5	2 weeks after the injection, the immune system will develop.
6	Should be injected People who are at risk of influenza complications Older people 65 years old Children hospital staff 6 months-2 years
7	Can be given in combination with other vaccines (different arm).
8	Side effects: Soreness, fever, body aches, disappears in 1-2 days, allergic rash, swollen mouth

