

Topic 1: Eating (www.angelkaybabygirl.com)

“Don’t eat all kinds of meat, think about nutrition before eating, and don’t think that the rest of your dishes is simply litter or garbage.”

I, (the real Kay), do not eat any kind of meat, but I eat eggs from hens which have not bred yet because I do not want to be a killer, and I strongly believe that a life contains high-cholesterol. I avoided drinking cow’s milk because after I drink cow’s milk, I always have diarrhea. But I eat dairy products such as butter, cheese, and yoghurt.

I eat like this because I saw many kinds of animals such as cows, pigs, and hens before they were killed. They cry, shout, struggle, and try to stay alive, but nobody listens to them. We love our lives, but we forget “Animals love their lives too”, so they become a meal just because humans enjoy eating meat.

When animals such as Pit Bull Terriers kill a human, we ask “Why did they do that?” “Why are they so cruel?”, and send them to slaughterhouses, but when we kill animals, we just think “Oh! It’s very delicious”. I think that animals think “How merciless humans are!” Not only we have hearts, not only we have feelings, but also animals. We can feel pain, and animals can feel too.

The first of five precepts of Buddhism is the prohibition of Buddhists from killing animals. Why do you still eat all kinds of meat?

Many Buddhists use the excuse “We never kill animals. We just cook and/or eat, so slaughterhouses and butchers are killers”. If you think this, I would like to request you to think about “demand” and “supply” in economic systems. If nobody eats meat, there will not have any abattoirs and butchers, right?

The Bible tells Christians “The God gives seeds for your food”. Why do you still eat all kinds of meat?

Mohammad tells Muslims in the Quran “Allah is sending someone to tell you more and more about how to eat?” As I said earlier. Why do you still eat many kinds of meat?

The God has different names, Allah, Jehovah, but there is only one God for us. Only one.

The God is merciful. Why do you think “The God wants to see us kill animals just for our food”?

The God created this world, and not only the first man and the first woman were creations of the God, but also animals. I firmly believe that many times, when you confront suffering situations, you pray to the God and request Him for His sympathy, His mercy, His benevolence, and His kindness. I would like to ask you that if you yourself never show your sympathy, your mercy, your benevolence, and your kindness to many kinds of animals (which are offspring of the animals, that were creations of the God), why should the God give His sympathy, His mercy, His benevolence and His kindness to you? You know that you could kill many kinds of animals just for a delicious dish because you were more intelligent and had more power than them, so you could use your brain and your power to kill them. You receive your brain and your power from the mercy of the God. Why do not you use your brain and your ability to give mercy to other creations of the God?

Delicious by a merciful heart is better than delicious by a tongue. Delicious by a merciful heart means eating without killing. Delicious by a tongue means eating by killing. If somebody kills you and your lover just for a delicious dish, how would you feel about this?

I know that many pieces of research show us “All kinds of meat are harmful for our health, but vegetable and fruits are the best for our health”.

I would like you to know that you must think about nutrition before eating. Eating up to your merciless heart and more stupid brain brings ill health such as cancer and diabetes, but eating according to your merciful heart and smarter brain brings a healthy and long life.

Last, I would like to request you that before you throw your food away because you think “The rest of your dishes is just only litter or garbage”, please think of a large number of other people who live in countries that lack food. Starvation is suffering and torment, and you are going to know what starvation is when your country has a lack of food. Food is a limited natural resource. Why do not you realize it is the value?

I am asking everything, which you would like to know, from the God, Buddha, Jesus Christ, and Mohammad. We are ready to lead you to the Land of the God. Are you ready? 😊 😊.