



# INFANT MASSAGE

1 Day Training

This course is suitable for parents, family, nurses, care-givers, yoga teachers, and movement therapists.

Learn techniques of teaching infant massage, massage strokes, and oil massage methods that deeply

promote engagement for babies and caregivers.

Massage therapy for baby is a language of love through touch that helps fulfill moments of new parenthood.

This is a comprehensive course of constructive teaching technique, hands-on infant massage techniques, and yoga for new mother and baby.

Covering Sequences of procedures, strokes, as well as communication and instructions on how to deliver infant massage methods to parents and caregivers.

Additional discussion topics include details of how to develop hand-on skills, benefits of newborn massage, pressure and rhythm of massaging, holding position, newborn language and gesture, common symptoms of infant, position and posture of new moms, as well as massage oil usage.

*Special offer:*

Free tips on mixing aromatherapy oil, homemade balm recipe, and herbal remedy tips for mother and baby

\*Private one-on-one / private group training is available at your preferred date.

Contact

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Our program is registered under IPHM Holistic Accreditation Board, UK.